



## TOP TEN ITEMS NEEDED

- 1. Canned vegetables**
- 2. Canned fruit in juice**
- 3. Canned meat**
- 4. Canned soups**
- 5. Healthy kids snacks**
- 6. Healthy cereal**
- 7. Cooking oil**
- 8. Peanut butter**
- 9. Rice or grains**
- 10. Canned or dry beans**

